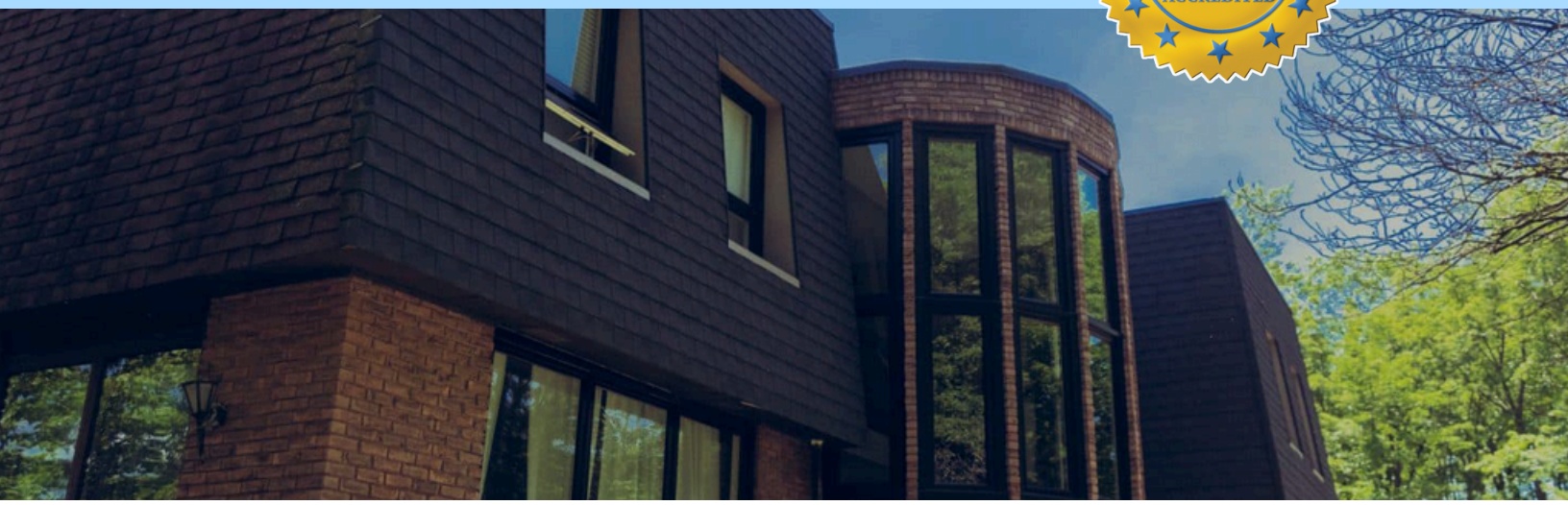
TRAFALGAR
ADDICTION TREATMENT CENTRES



Trafalgar Addiction Treatment Centre is conveniently located just west of Toronto, on 13 wooded acres of breathtaking nature. This well-appointed 23 bed inpatient treatment centre provides the highest possible standard of care in a comfortable home-like setting.

To ensure clients are mentally and physically prepared to begin their treatment, they receive evaluation and private accommodations at our nearby detox centre for a minimum of 24 hours. This stage allows for gradual integration into treatment at the ideal time.

Our treatment and detox centres share a highly-qualified interdisciplinary care team, ensuring seamless continuity of care and eliminating all barriers between client-centred treatment and progression in recovery.

Clients work with registered therapists in both individual and group settings to address the underlying mental health issues that are contributing to their substance use and addictive behaviours. Trafalgar features a full range of wellness activities supporting successful recovery, including yoga, fitness training, recreational activities, nutritional support and massage therapy.

Complementary transportation is provided to and from Pearson International Airport, making it extremely convenient for clients arriving from outside of the GTA.

Key Features & Benefits

- **CARF accredited**
- **13 acres of wooded privacy**
- **Medically-supervised detoxification**
- **Client-centred therapy with registered therapists**
- **Trauma-informed approach**
- **Diagnosis and treatment of concurrent mental health conditions**
- **Specialized care for military personnel, veterans, and first responders**
- **Seamless continuity of care**
- **Specialized in behavioural addictions (e.g. sex, gambling, relationships)**
- **Aftercare**
- **Alumni program**

98% of our clients say their lives improved after treatment

Components of care

Our best-in-class intensive inpatient recovery programs include holistic supports that set clients up for success in achieving their recovery goals.

- **Individual Therapy**
- **Family Communication Sessions**
- **Family Support Program**
- **Skill Building**
- **Specialized Group Therapy**
- **Medically-Supervised Detox**
- **Psycho-Education Groups**
- **Support for Co-occurring Disorders**
- **Wellness activities**
- **Psychiatric Assessment**
- **Aftercare**
- **Alumni Community**
- **Trauma Therapy**
- **Relapse Prevention**

For more information, contact:

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Trafalgarresidence.com

CATC
Canadian Addiction Treatment Centres

Trafalgar Addiction Treatment Centres is part of Canada's largest network of accredited providers of recovery programs for substance use and addictions.
canatc.ca