GREENESTONE
CENTRE FOR RECOVERY



GreeneStone is located in one of the most peaceful and naturally beautiful regions of Ontario. Nestled on the shore of Lake Muskoka, our well-appointed facility sits on 40 acres of naturally-forested land, with walking and hiking trails, two ponds and fire pits circled with Muskoka chairs. Our wide range of amenities support health and wellness, with a fully equipped gym and cardio room, indoor pool, and multi-purpose movement studio. Outdoor activities include basketball, volleyball, tennis, and ball hockey.

Each of our 25 private guest rooms are appointed with a private bathroom and queen-size bed. They are clean and bright with large windows and plenty of room for storage. Our small community creates a quiet, settled atmosphere, giving time for introspection and reflection.

Access to personal electronic devices is therapeutically regulated, while our business centre is accessible for work/life management needs. For patients traveling for treatment, we provide complimentary transportation from the airport to ensure a safe and easy connection with our centres.

Key Features & Benefits

- **CARF accredited**
- **40 acres of nature**
- **Onsite detoxification**
- **Trauma-informed approach**
- **Indigenous healing support**
- **Diagnosis & treatment of concurrent mental health conditions**
- **Aftercare**
- **Alumni program**

9 / 10 clients achieve their recovery goal during their treatment stay with us.

Components of care

Our best-in-class intensive inpatient recovery programs include holistic supports that set clients up for success in achieving their recovery goals.

- **Psychiatric Assessment**
- **Individual Therapy**
- **Process Group Therapy**
- **Educational Sessions**
- **Alumni Community**
- **Trauma Therapy (Individual & Group)**
- **Relapse prevention**
- **Recovery Coaching**
- **Sober Living Strategies**
- **Support for Co-occurring Disorders**
- **Wellness activities**
- **Special-focus groups**

For more information, contact:

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Greenestone.net

CATC
Canadian Addiction Treatment Centres

Greenestone Centre for Recovery is part of Canada's largest network of accredited providers of recovery programs for substance use and addictions.
canatc.ca